Orthopaedic Sports Medicine: Principles And Practice

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Exploring the most important aspects of sports medicine - from anatomy to normal movements description, from diagnosis to sports injuries treatment, from conservative. Gives an update to the main issues in sports traumatology and orthopedics, involving different body sections. Examines relevant problems such as emergencies on the field, pathologies of the upper and lower extremity, spine and hip problems in athletes. Written by a multidisciplinary team of experts. Serves as an essential book for orthopedic surgeons, physiotherapists, general practitioners, personal and athletic trainers. Exploring the most important aspects of sports medicine - from anatomy to normal movements description, from diagnosis to sports injuries treatment, from conservative to surgical treatments - it gives a global overview of the field, describing also diagnostic tools recently introduced in this field, such as hip arthroscopy, and taking into consideration related areas like nutrition, prevention, training and rehabilitation. The single chapters deals with relevant problems such as emergencies on the field, pathologies of the upper and lower extremity, spine problems in athletes. Each injury is a Orthopedic Principles A Resident's Guide. 651 Pages·2005·4.16 MB·1,576 Downloads·New! The scope of orthopedic knowledge has expanded to such a degree that it has become increasingly ...Â of Orthopaedics and Trauma is one of the world's leading textbooks of orthopaedic surgery. Relied upon Atlas Of Pediatric Orthopaedic Surgery.