A Field Guide To Medicinal Plants

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eastern and central North America. Steven Foster James A Duke -- A reference to the A Field Guide to Medicinal Plants and Herbs by Steven Foster Buy a cheap copy of A Field Guide to Medicinal Plants and book by Steven Foster. At a time when interest in herbs and natural medicine has never been Peterson Field Guide to Medicinal Plants and Herbs of. - NHBS Medicinal plants are increasingly well regarded as supplements and sometimes as alternatives for prescription drugs. Steven Foster and James A. Duke have
The most complete work on the medicinal plants of western North America, this guide offers the best information in the world on the nearly 500 species covered, much of it available for the first time. More than 530 color photographs illustrate the plants. An index to medical topics helps locate information on specific ailments. Symbols next to the plant descriptions provide quick visual warnings for poisonous and allergenic plants. Organized by flower color for fast identification, this guide is an essential aid to appreciating native plants and the wild areas they inhabit. Password: sanet.me.