The Gun Digest Book of Tactical Gear

By Dan Shideler & Derrek Sigler

Genre : Sports & Outdoors

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The Gun Digest Book of Tactical Gear by Dan Shideler & Derrek Sigler is Sports & Outdoors

The Gun Digest Book of Tactical Gear is the complete tactical gear reference, with complete listings of knives, flashlights, vests, tactical sights and optics and more, with select firearms and other weapons covered with the applicable gear. This everything guide includes:

Articles from the top experts in the field
A detailed where to find the gear guide
Catalog listings of items covered


More Recommended Books

The Heritage

By : Howard Bryant

Following in the footsteps of Robeson, Ali, Robinson and others, today’s Black athletes re-engage with social issues and the meaning of American patriotism. Named a best book of 2018 by Library Journal. It used to be that politics and sports were as separate from one another as church and state. The ballfield was an escape from the world’s worst problems, top athletes were treated like heroes, and cheering for the home team was as easy and innocent as hot dogs and beer. “No news on the sports page” was a governing principle in newsrooms. That was then. Today, sports arenas have been transformed into staging grounds for American patriotism and the hero worship of law enforcement. Teams wear camouflage jerseys to honor those who serve; police officers throw out first pitches; soldiers surprise their families with homecomings at halftime. Sports and politics are decidedly entwined. But as journalist Howard Bryant reveals, this has always been more complicated for black athletes, who from the start, were committing a political act simply by being on the field. In fact, among all black employees in twentieth-century America, perhaps no other group had more outsized influence and power than ballplayers. The immense social responsibilities that came with the role is part of the black athletic heritage. It is a heritage built by the influence of the superstardom and radical politics of Paul Robeson, Jackie Robinson, Muhammad Ali, Tommie Smith, and John Carlos through the 1960s; undermined by apolitical, corporate-friendly “transcenders of race,” O. J. Simpson, Michael Jordan, and Tiger Woods in the following decades; and reclaimed today by the likes of LeBron James, Colin Kaepernick, and Carmelo Anthony. The Heritage is the story of the rise, fall, and fervent return of the athlete-activist. Through deep research and interviews with some of sports’ best-known stars—including Kaepernick, David Ortiz, Charles Barkley, and Chris Webber—as well as members of law enforcement and the military, Bryant details the collision of post-9/11 sports in America and the politically engaged post-Ferguson black athlete.
Moo Duk Kwan Fuera de las Fronteras

By : Oscar V Arellanos B
Libro publicado de la Tesis para la obtención de la Cinta Negra per Dan en Moo Duk Kwan.

Secrets of the Squat Snatch

By : Peter George
Secrets of the Squat Snatch is the ideal manual for anyone wishing to quickly learn or improve his or her technique on the most elegant movement in Olympic sports. Whether your goal is winning Olympic Gold or just enhancing your explosive muscular power for other good and just purposes, this manual, with or without a coach, is your ideal guide. This Vintage Edition is the world’s most authoritatively endorsed book on its subject. About the Author Lawrence Barnholth was a legendary weightlifting coach and founder of the American College of Modern Weightlifting. He with the aid of his brothers, Lewis and Claude, revolutionized the sport of weightlifting by demonstrating through their pupils that the squat style when properly performed was superior to the split style in both the snatch and clean and jerk. He produced National, World and Olympic Champions and record holders on both these lifts. Dr. Peter T George, Lawrence Barnholth’s star pupil, at the time of his retirement from competitive weightlifting had accumulated more Olympic and world championship gold and silver medals than any other athlete in the history of the sport. He was a member of the International Weightlifting Federation medical committee and was selected as a coach of the 1980 USA Olympic team, which boycotted the Moscow Games. He is the only American weightlifter included in the “History’s Greatest Olympians” trading card series. Dr. George, a Columbia University-trained orthodontist, list of interests and achievements range well beyond dentistry. He invented and reported in the New England Journal of Medicine the first intraoral device to prevent severe obstructive sleep apnea and common household snoring. His patented inventions to treat medical and dental disorders are extensively used worldwide. He served as an assistant clinical professor at the University of Hawaii, School of Medicine, and has lectured internationally. His findings and commentaries on various topics have been published in leading national and international medical and dental journals. Dr. George is proud of his sons, Barton and Tryan, and happily lives with his wife, Lazarina in Honolulu.

IBSA Judo World Championships

By : William Baum
A commemorative book of the 2014 IBSA Blind Judo World Championships held in Colorado Springs, Colorado. The event took place 4 - 6 September 2014 and was hosted by USA Judo and the United States Olympic Training Center.

What Trout Want

By : Bob Wyatt
• Catching trout simplified • A brilliantly written and well-crafted exposes fly fishing's greatest myths--selectivity, matching the hatch, pressured fish, fish feeling pain, precise imitations, drag-free drifts • Recipes for the author's tried-and-true patterns • Practical, down-to-earth suggestions for catching fish

Be Ready When the Sh*t Goes Down

By : Forrest Griffin & Erich Krauss
Ultimate Fighter champ Forrest Griffin and Erich Krauss, who previously brought you the New York Times bestseller Got Fight, now offer a hilarious and very timely guide to surviving the coming
apocalypse. Be Ready When the Sh*t Goes Down provides everything an aspiring Mad Max needs to know about post-apocalyptic living. Since it’s coming soon anyway, we might as well all Be Ready When the Sh*t Goes Down.

**Tamata e l'Alleanza**

By: **Bernard Moitessier**

È l’ultimo libro di uno dei più grandi navigatori di tutti i tempi. Moitessier ripercorre la sua esistenza di grande viaggiatore d’altomare: dall’infanzia trascorsa nel Vietnam, dove apprese l’arte della navigazione a vela, fino alle sue mitiche galoppate su tutti gli oceani del pianeta. Gli esploit: da Tahiti (Polinesia) ad Alicante (Spagna) senza scalo passando per il temibile Capo Horn; da Plymouth (Gran Bretagna) a Tahiti, una volta e mezzo il giro del mondo, senza scalo e in solitario. Ma il messaggio del navigatore, in questo libro, non è nelle sue imprese, al contrario è quello della vela alla portata di tutti, con una barca semplice, essenziale. Nell'appendice tecnica Moitessier spiega anche come scegliere la barca per grandi viaggi, come attrezzarla in modo semplice per vivere a tempo pieno il mare.

**スクール・ウォーズ～落ちこぼれ軍団の奇跡～**

By: **James Morgan Ayres & Mykel Hawke**

Tactical knives are the fast-growing field of American bladesmithing. Now, in one groundbreaking volume, tactical knife expert James Morgan Ayres shares more than four decades of real-world experience with purpose-designed knives. You’ll find it all in The Tactical Knife: fixed blades, folders, defensive uses, survival uses, product reviews—in short, everything you need to make an informed decision about your choice of a tactical knife. Newly updated with specifications and reviews for new products as well as new information on recent developments in the field, James Morgan Ayres provides the latest need-to-know info on the subject for first time owners (or potential owners) of tactical knives as well as experts who want the latest intel on new products. Features inside include: Origins of the Tactical Knife The Bowie knife Tactical Knives of the Mid-twentieth Century Steel, Heat Treating, Geometry, Design, Grinds, and Forging Choosing a Tactical Knife Basic Skills, Maintenance, and Tactics Complete with hundreds of detailed color photos, tips, tactics, and techniques, The Tactical Knife is the best book out there for all your tactical knife needs. When choosing a tactical knife, don’t guess[know]! Keep yourself on the cutting edge[with The Tactical Knife]! Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

**The Barrels**
By: Javier Pérez Pont & Esperanza Apar

The Large Barrel structure is designed to help work with the correct body alignment. Work in the Large Barrel focuses on strengthening the energy center and trunk, as well as stretch the spine, hips and legs. This appliance is essential to perform certain exercises intermediate system and is excellent for practice and introduce some advanced exercises will be held later in the Universal Reformer.
Learn to successfully disassemble and reassemble today's most popular tactical handguns, shotguns and rifles for routine maintenance, repair and cleaning. Gun Digest Book of Tactical Weapons Assembly/Disassembly 2nd Edition includes field-stripping basics, plus more detailed explanations of all key take down and reassembly steps for each model, with easy-to-understand instructions and hundreds of clear, detailed photographs. The addition of some of the most popular new models since the last edition results in more than 130 new pages of detailed instructions: Pistols: FNH FNS H&K USP T... In this expanded edition of Gun Digest Book of Tactical Weapons Assembly/Disassembly 3rd Edition, shooters. The Gun Digest Book of Revolvers Assembly/Disassembly by J. B. Wood Paperback $35.99. Only 6 left in stock (more on the way). Ships from and sold by Amazon.com. Tactical Shotgun is the essential guide to selecting and using a shotgun for defense. Whether your concern is self-defense, home defense or law enforcement, author Scott Wagner's advice will help you make informed decisions. Here he offers an experienced point of view on many makes and models of tactical shotguns, along with information on ammunition and the many accessories available. Find out: What is a "tactical" shotgun? Pump action, semi-auto or double? What's the best choice for home defense?