Handbook Of Behavior Therapy And Psychological Science: An Integrative Approach

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Integrative Psychotherapy embraces an attitude towards the practice of psychotherapy that affirms the inherent value of each individual. It is a unifying psychotherapy that responds appropriately and effectively to the person at the affective, behavioral, cognitive, and physiological levels of functioning, and addresses as well the spiritual dimension of life. The term "integrative" of Integrative Psychotherapy has a number of meanings. Integrative Psychotherapy also refers to the bringing together of the affective, cognitive, behavioral, and physiological systems within a person, with an awareness of the social and transpersonal aspects of the systems surrounding the person. Psychology as a Science of Subject and Comportment, beyond the Mind and Behavior. Oct 2017 | Marino Pérez-Alvarez. The turn of qualitative inquiry suggests a more open, plural conception of psychology than just the science of the mind and behavior as it is most commonly defined. This article develops a comprehensive philosophy-of-science for personality psychology that goes far beyond the scope of the lexical approaches, assessment methods, and trait concepts that currently prevail. One of the field’s most important guiding scientific assumptions, the lexical hypothesis, is analysed from meta-theoretical viewpoints to reveal that it explicitly describes