Tao Te Ching: O Livro do Caminho e da Virtude

By Lao Tsé
Genre : Buddhism

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Tao Te Ching: O Livro do Caminho e da Virtude by Lao Tsé is Buddhism O Tao Te Ching é um texto profundo e ao mesmo tempo simples porque apresenta por meio da linguagem aquilo que se experimenta na sua ausência. A profundidade é o próprio caminho do mistério, a experiência do sagrado que corresponde à vivência espiritual. A simplicidade, um dos três tesouros dos ensinamentos de Lao Tse, conduz à naturalidade que orienta o indivíduo no macrocosmo. Portanto, a leitura do Tao Te Ching implica um desafio: esvaziar-se e ser natural como a água que flui no vale. O desvendamento do texto deve fluir gradualmente, levando à contemplação de suas palavras. Se estas não parecem suficientemente claras, isso se deve ao fato de a sociedade contemporânea, na qual prolifera o pensamento, dificultar a ampliação da consciência. Nesse contexto, a contemplação já é por si um ato transgressor.

More Recommended Books

Aqui e Agora: 100 pensamentos zen-budistas para uma vida melhor

By : Bruno Pacheco
O zen nada ensina, apenas aponta o caminho das boas ações. Os mestre lhe abrem a porta. Mas é você quem deve atravessá-la. Na essência do zen estão os ensinamentos budistas de Sidarta Gautama, o Buda, e a prática da meditação. As técnicas de meditação usadas pelo zen nos ajudam a ser mais amorosos e conscientes e podem ser adotadas por qualquer pessoa ocidental, independente da crença religiosa. Aqui e Agora reúne 100 pensamentos com base na filosofia zen-budista que nos servem para tornar a vida cotidiana mais simples.
Einfach entspannen

By: Thích Nhất Hạnh


On the Path to Enlightenment

By: Matthieu Ricard

Dilgo Khyentsé Rinpoche inspired Matthieu Ricard to create this anthology by telling him that “when we come to appreciate the depth of the view of the eight great traditions [of Tibetan Buddhism] and also see that they all lead to the same goal without contradicting each other, we think, ‘Only ignorance can lead us to adopt a sectarian view.’” Ricard has selected and translated some of the most profound and inspiring teachings from across these traditions. The selected teachings are taken from the sources of the traditions, including the Buddha himself, Nagarjuna, Guru Rinpoche, Atisha, Shantideva, and Asanga; from great masters of the past, including Thogme Zangpo, the Fifth Dalai Lama, Milarepa, Longchenpa, and Sakya Pandita; and from contemporary masters, including the Fourteenth Dalai Lama and Mingyur Rinpoche. They address such topics as the nature of the mind; the foundations of taking refuge, generating altruistic compassion, acquiring merit, and following a teacher; view, meditation, and action; and how to remove obstacles and make progress on the path.

The Eleventh Direction

By: Luangpor Chumpol Palapanyo

This book is entitled “The Eleventh Direction”. People tend to be curious and inquisitive about external factors. In Thai people’s belief, to be anxious to know about everything is likened to wanting to know in every directions, hence Thai people call it “ten directions”. People are concerned about and interested in everything, in every direction except their own minds. They totally ignored and failed to understand their own minds. Hence, I think the mind can be counted as <b>“The Eleventh Direction”</b>. The goal of writing this book is to help reduced suffering or perhaps guide the mind to encounter minimum suffering. The mind is the master. The body is the servant. While carrying on our lives in this world, we should understand and not overlook this fact. By accepting and understanding the mind, we can steer ourselves away from troubles and sufferings. At the same time, we can even help others. I have the intention of repaying the kindness this world has offered me. I am part of this world, I can survive because of help and assistance from fellow human of the world. My objective is to offer fellow men the chance to gain benefit from the teaching of Dharma of Lord Buddha. The teaching that aims to help all living things escape from pain and sufferings. The teaching of Lord Buddha will bless those who believe and behave accordingly, and save them from evilness and sufferings.
The Gospel of Buddha (Illustrated)

By: Paul Carus

It is a remarkable fact that the two greatest religions of the world, Christianity and Buddhism, present so many striking coincidences in the philosophical basis as well as in the ethical applications of their faith, while their modes of systematizing them in dogmas are radically different; and it is difficult to understand why these agreements should have caused animosity, instead of creating sentiments of friendship and good-will. Why should not Christians say with Prof. F. Max Müller: "If I do find in certain Buddhist works doctrines identically the same as in Christianity, so far from being frightened, I feel delighted, for surely truth is not the less true because it is believed by the majority of the human race." The main trouble arises from a wrong conception of Christianity. There are many Christians who assume that Christianity alone is in the possession of truth and that man could not, in the natural way of his moral evolution, have obtained that nobler conception of life which enjoins the practice of a universal good-will towards both friends and enemies. This narrow view of Christianity is refuted by the mere existence of Buddhism. Must we add that the lamentable exclusiveness that prevails in many Christian churches, is not based upon Scriptural teachings, but upon a wrong metaphysics? All the essential moral truths of Christianity, especially the principle of a universal love, of the eradication of hatred, are in our opinion deeply rooted in the nature of things, and do not, as is often assumed, stand in contradiction to the cosmic order of the world. Further, some doctrines of the constitution of existence have been formulated by the church in certain symbols, and since these symbols contain contradictions and come in conflict with science, the educated classes are estranged from religion. Now, Buddhism is a religion which knows of no supernatural revelation, and proclaims doctrines that require no other argument than the "come and see." The Buddha bases his religion solely upon man's knowledge of the nature of things, upon provable truth. Thus, we trust that a comparison of Christianity with Buddhism will be a great help to distinguish in both religions the essential from the accidental, the eternal from the transient, the truth from the allegory in which it has found its symbolic expression. We are anxious to press the necessity of discriminating between the symbol and its meaning, between dogma and religion, between metaphysical theories and statements of fact, between man-made formulas and eternal truth. And this is the spirit in which we offer this book to the public, cherishing the hope that it will help to develop in Christianity not less than in Buddhism the cosmic religion of truth.

Felicidad genuina

By: B. Alan Wallace

El Buda enseñó docenas de técnicas para perfeccionar, estabilizar y clarificar la atención. Una en particular es especialmente apropiada para la gente altamente discursiva, conceptual, imaginativa y mentalmente habladora: la recolección, traducida del sánscrito al inglés como mindfulness. B. Alan Wallace, después de cuarenta años estudiando y practicando el budismo, entrenado bajo la guía de sesenta maestros de Oriente y Occidente, comparte en este valioso libro, además de la recolección, las meditaciones básicas para un camino hacia la realización interior y el florecimiento humano. La eudemonía que propone el autor se trata de una felicidad que no se adquiere a través de la conquista exterior de la naturaleza o de la adquisición de la riqueza y la fama, sino a través de la conquista de nuestros oscurecimientos interiores y la realización de los recursos naturales inherentes a nuestros corazones y mentes.

L'Éveil subit de Houei-Hai

By: Maryse Shibata & Masumi Shibata

Maître chinois du bouddhisme Tch'an, Houei-hai (Ekcaï en japonais) vécut au VIIIe siècle après J.-C., et laissa ce fameux texte, L’ Èveil subit. Dans une langue à la fois concise et percutante, Houei-hai explique aux étudiants réunis autour de lui des notions clés du Tch'an, qui deviendra le Zen japonais,
telles que la perfection, le don ou l'éveil. Construit comme un jeu de questions-réponses entre lui et ses disciples, sa leçon porte essentiellement sur l'idée de "vide de la dualité" que forment le bien et le mal, l'être et le non-être ou encore l'amour et la haine. Ce texte est suivi de Dialogues du Tch'an : six éminents maîtres zen des XVIe et XVIIe siècles - dont Ryôkei et Hakuin - y commentent le Recueil de la falaise verte, ouvrage pivot du bouddhisme zen.

**Carefree Dignity**

By : **Tsoknyi Rinpoche**

Tsoknyi Rinpoche is a reincarnate lama educated in the Tibetan Buddhist tradition. He has been teaching students from around the world since 1990. “Being carefree, you can fit in anywhere. If you're not carefree you keep on bumping up against things. Your life becomes so narrow, so tight; it gets very claustrophobic. Carefree means being wide open from within, not constricted. Carefree doesn’t mean careless. It is not that you don’t care about others, not that you don’t have compassion or are unfriendly. Carefree is being really simple, from the inside. Dignity is not conceit but rather what shines forth from this carefree confidence.”

Tsoknyi Rinpoche's teaching style embodies a vividness that is a play between himself and his audience. His immediateness includes gestures and examples that entice us to understanding. Through guided meditations he offers direct participation as a delightful enhancement to our practice. Simple, straightforward and profound, Carefree Dignity is a book that captivates our intellect while enriching our awareness.

**In My Own Way**

By : **Alan Watts**

In this new edition of his acclaimed autobiography — long out of print and rare until now — Alan Watts tracks his spiritual and philosophical evolution.

This is an early draft of the Sacred Chao Te Ching, a project to reconceptualize the Tao Te Ching with a Zenarchist/Discordian flavor. The editing is being done here: http://www.pri... Full description. Â—. Report "Lao Ce Tao Te Ching". Tao Te Ching read by Wayne Dyer. Your reality is created by your thoughts. Change your thoughts, change your life - Dr Wayne Dyer 52: MysticalPaths is a ... Å Narração João Neanderthal O Livro do Caminho e da Virtude, À© uma das mais conhecidas e importantes obras da literatura da China. Usei a tradução de Tao Te Ching (é"å¾·ç¶") Explained Tin Yat Dragon Taoism.