The board meeting was called to order by President Jackie Pendergrass at 5:30 p.m.

Members present: Jackie Pendergrass, Nancy Bernard, Doug Eglington, Chris Carlson, and Siri Bliesner.

Present: Superintendent Traci Pierce.

Doug Eglington moved to approve the agenda. Seconded by Chris Carlson.

Motion carried.

Chris Carlson moved to approve the consent agenda. Seconded by Doug Eglington.

Jackie Pendergrass, yes; Doug Eglington, yes; Chris Carlson, yes; and Siri Bliesner, yes.

Motion carried.

Approval of November 5 work session and regular board meeting minutes.

Approval of November 19, 2012 Human Resources Report.

Approval of the following instructional materials for use in the Lake Washington schools –

<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Publisher</th>
<th>Copyright</th>
<th>No. of Copies</th>
<th>Price</th>
<th>School Requesting</th>
<th>Classification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drugs and the Human Body</td>
<td>Ken Liska</td>
<td>Pearson prentice Hall</td>
<td>2009</td>
<td>160</td>
<td>$80.00 per book</td>
<td>STEM</td>
<td>AP and Honors Biology</td>
</tr>
<tr>
<td>World Geography</td>
<td>Christopher Salter</td>
<td>Holt McDougal</td>
<td>2012</td>
<td>70</td>
<td>$69.71 per book</td>
<td>International Community School</td>
<td>6th and 7th Grade Social Studies</td>
</tr>
</tbody>
</table>
Title: Basics of Game Design
Author: Michael E. Moore
Publisher: CRC Press
Copyright: 2011
No. of Copies: 150
Price: $45.00 per book
School Requesting: STEM
Classification: Grades 9-12

Title: Think Python: How to Think Like a Computer Scientist
Author: Allen Downey
Publisher: Green Tea Press
Copyright: 2012
No. of Copies: 150
Price: no cost – on-line book
School Requesting: STEM
Classification: Computer Programming

Title: Chinese Link, second edition
Author: Sue-Mei Wu, Yeming Yu et al
Publisher: Prentice Hall
Copyright: 2007
No. of Copies: 25
Price: $85.00 per book
School Requesting: Lake Washington High School
Classification: Grades 9-12

Title: Fiction: A Pocket Anthology, 7th edition
Author: R.S. Gwynn, editor
Publisher: Penguin Academics
Copyright: 2012
No. of Copies: 75
Price: $43.80 per book
School Requesting: Eastlake High School
Classification: Grade 12

Title: Schooled
Author: Gordan Korman
Publisher: Hyperion Books
Copyright: 2007
No. of Copies: 300
Price: $5.99 per book
School Requesting: Evergreen Middle School
Classification: Grade 6
Title: Maze Runner  
Author: James Dashner  
Publisher: Delacorte Books for Young Readers  
Copyright: 2009  
No. of Copies: 65  
Price: $10.00  
School Requesting: Inglewood Middle School  
Classification: Grade 7

Approves the modifications to the policies listed below and adopts the proposed changes as presented.

EL-4 Annual Report to the Public and District Calendar  
EL-5 Treatment of Parents and Citizens—Community  
EL-6 Student Learning Environment  
EL-7 Instructional Program—Academic Program  
EL-9 District Calendar [Deleted - blended with EL-4]  
EL-10 Student Discipline [Deleted - blended with EL-7]  
EL-14 9 District Staff  
EL-10 10 Budgeting—Financial Planning  
EL-11 11 Financial Administration  
EL-12 12 Asset Protection  
EL-13 13 Facilities  
EL-14 14 Technology

Approves Change Order No 4 to Absher Construction Company for work at the Rose Hill Middle School replacement project in the amount of $106,344, increasing the contract amount to $40,641,162.

Approves Change Order No. 1 to Allied Construction Associates, Inc. for work at the International Community School/Community Elementary School replacement project in the amount of $72,042.08, increasing the contract amount to $18,006,042.08.

Approves Change Order No. 11 to Cornerstone General Contractors, Inc. for the Helen Keller Elementary School replacement project in the amount of $40,855.39 increasing the contract amount to $17,639,673.53.

Adopts Resolution No. 2140 declaring the equipment listed on the attached two pages as surplus to the needs of the district and authorizing the superintendent to proceed with the distribution, transfer, sale, or disposal of the items listed.
Accepts the donations/grants as identified -

Acceptance from Louisa May Alcott PTSA to Alcott Elementary in the amount of $14,309.00 to provide stipends for Running and Cup Stacking Clubs ($2,012.60) and ACT Club ($2,296.80); and support field trips ($8,750), copier use ($1,000), and scholarship grant for book fair and other library related events ($250).

Total: $14,309.00

Dr. Pierce provided an overview of End Results (ER) reporting and reviewed the calendar. Governance policies guide the board’s operations and describe their desired results for the organization and are monitored annually. ER-2 and ER-3, Primary, was monitored in September. Intermediate was reviewed in October; middle schools at tonight’s meeting; and senior high in December. ER-1 will be reviewed in January. These policies define the End Results desired for our students and what they are expected to know and be able to do as a result of these educational experiences. ER policies are based on the district’s mission, vision, and student profile and guiding principles.

Heather Sinclair, Associate Superintendent, presented data and information on ER-2, Interdisciplinary Content Knowledge, and ER-3, Interdisciplinary Skills and Attributes, for the middle school level. She responded to board members questions.

Dr. Pierce noted that she was prepared to review graduation data from the previous spring at tonight’s board meeting; however, OSPI discovered an issue in the data they provided which they are hoping to resolve prior to releasing the information. She is hoping to report the results at the December board meeting.

She reported that a World Language Survey is being launched via school messenger for both students and parents. This data will help the district decide which additional world language offerings to be offered for the
2013-14 school year.

Dr. Pierce provided an update on the computer virus. We are on the “home stretch,” but additional steps need to be taken to ensure that it is eradicated. People are working around the clock to develop a “cleaning tool.” It only takes one computer to reinfect the system. There is a swat team busily inspecting the district’s 25,000 devices. Script is being written to ensure that all computers are shut down if the anti-virus software is not current.

Doug Eglington asked for an estimate of the financial impact to the district. Dr. Pierce conveyed that she would look into this.

Doug Eglington provided an update on the legislative elections. He noted that Dr. Mary Alice Heuschel, Renton School District Superintendent, has been asked to serve on Governor-Elect Inslee’s transition team.

Doug Eglington attended the Washington State School Directors’ Annual Conference in Spokane and highlighted the various speakers and sessions that he attended.

Nancy Bernard moved to adjourn at 6:45 p.m. Seconded by Siri Bliesner.

Motion carried.

The meeting was adjourned at 6:45 p.m.

Jackie Pendergrass, President

Traci Pierce, Superintendent

Diane Jenkins
Recording Secretary
This is a short essay on the background and the effects of drugs on the human body. The essay was done for PE and is IB work. Copyright: © All Rights Reserved. Download as DOCX, PDF, TXT or read online from Scribd.

It increases the heart rate, body temperature and blood pressure. When taken in large does, they can have negative effects such as headaches, aggression and paranoia. The common types of stimulants are 

- Caffeine - This is present in coffee and tea and most cola drinks and it is a mild stimulant. Nicotine - Nicotine is present in tobacco and smokers use it to relax. Ephedrine - Ephedrine is used for medical purposes like for bronchitis, hay fever and for asthma. The drugs The drug abuse can be very harmful to your health, they are chemicals which can do a lot of harm to the body and the brain as drinking the alcohol

They can enter the human body in many ways such as the injection, the inhalation and the ingestion, where the injection takes the drugs directly into the blood stream, and affect immediately on the body, the ingestion requires the drug to pass through the digestive system which delays the effects. Bad effects of cocaine. Most abused drugs directly or indirectly target the brain’s reward system by flooding the circuit with dopamine which is a neurotransmitter present in regions of the brain that regulate the movement, the emotion, the cognition, the motivation, and the feelings of plea. We take a look at the most common drugs - including alcohol and cocaine - and the effects they have on your body and brain. Alcohol is a depressant, and the effects on the mind and body include: Increased levels of dopamine in the brain, giving you the impression that alcohol makes you feel better (happier, less stressed, etc.). Slowed thinking, breathing and heart rate within minutes of consumption.