Christian Introspection: Self-ministry Through Self-understanding

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Christian introspection: self-ministry through self-understanding Jan 21, 2014. Through the proclamation of His Word, God saves men and women and it and to pursue godliness as He conforms us to the image of Christ. The answer is through understanding the difference between introspection and godly reflection. It is in this context that self-examination and introspection can lead to spiritual growth. Some good reasons for doing such a self-analysis include the nurturance of compassion, which fosters civility. In Buddhism, the habit of self-examination is attainable through contemplation. Know you not your own selves, that Christ Jesus is in you, unless perhaps you be reprobates?